



## **CLIMB KILIMANJARO IN 2009 1<sup>st</sup> June- 12<sup>th</sup> June and 2<sup>nd</sup> Aug – 13<sup>th</sup> Aug**

### **IN SUPPORT OF EDUCATIONAL & HEALTH DEVELOPMENT PROGRAMS FOR THE CHILDREN OF THE DEVELOPING WORLD**

**CLIMB 1 1st June to 12 June**

**CLIMB 2 3<sup>rd</sup> Aug to 14 Aug**

As you may be aware, over 400 hundred members of the public have climbed Mt. Kilimanjaro, the highest mountain in Africa, in support of Childaid over the last four years. The aim is to raise much needed funds to support the work of Childaid, which focuses on Educational & Health/Welfare programs for deprived children in the developing world.

**To date in excess of one million Euro has been collected.**

### **About Childaid**

Childaid is an entirely voluntary organization.

Childaid was founded by members of the Irish Armed Forces who had first hand experience of the dire conditions experienced by children in the slums of East Africa, especially Kenya & Rwanda. On their return to Ireland, these individuals collectively decided that they wanted to '*get off the fence*' and do something constructive to help those who most need assistance.

Childaid's mission is the eradication of extreme poverty, disease and hunger for children in the developing world, while ensuring that each child has the essential means to a productive life.

Childaid is pioneering educational and welfare programmes for children in the developing world. Consistent with our Mission and Goals, we focus our activities in the following areas:

- Building education & welfare infrastructure e.g. schools, clinics, orphanages
- Educational programmes
- Health & Welfare projects for children & mothers

**Childaid is supported by PDFORRA the Defence Forces Representative Association.**

Tel: 021 4222985 or Graham 0876886101

Email: [childaid@oceanfree.net](mailto:childaid@oceanfree.net) Web: [www.childaid.ie](http://www.childaid.ie)

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Registered Charity Number 14850



- Support for children with disabilities
- Addressing the nutritional needs of undernourished children
- Skills training leading to economic independence

The majority of our activities are concentrated in Sub-Saharan Africa, as this is the area most in need of assistance in achieving the MDG. In addition, we have some active projects in Nepal & the Lebanon.

### **Current Fundraising Initiatives**

Childaid are currently funding or part-funding 20 projects and is trying to secure funding for more worthwhile projects.

While continuing to support these projects Childaid in 2008 and 2009 is beginning work on three exciting new projects in Africa.

1. The first is the development of a maternity ward in St Joseph's Hospital, Moshi, Tanzania. Infant death is a major problem on the African continent and provision of modern facilities for child birth is an area Childaid has identified as key in the ongoing development of communities.
2. The second is the building of a Community Dispensary Clinic at the foot of Kiliminjaro. Access to basic medical supplies is in severe shortage over the entire region. Developing a permanent central location where locals can access these supplies will help them address illnesses as they arise and so lengthen their (already too short) life expectancy.
3. A long term project of building a school in Kwa Njenga is entering its final phase. Childaid has plans to add an additional six classrooms to meet demands and give more children access to not just education but daily meals, a luxury to many in the area.

### **About the Climbs**

Each climb will be of five nights and six days duration. The remainder of the time will be spent on travelling and recovery. The expedition includes a visit to the Slums in Nairobi, which proved to be a very humbling experience for members of previous expeditions and first hand experience of the projects Childaid is supporting.

### **Typical Trip Itinerary**

Day 1: Depart Dublin (evening flight)

Day 2: Arrive Africa (morning); Transport to hotel.

Day 3: Briefing on Relief and Development Projects; Visit to

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ChildAid funded projects

Day 4: Bus to Tanzania via Arusha; Arrive Moshi (evening)

Day 5: Transport to Marangu Gate for commencement of Climb;

Trek through Rain Forest to overnight at Mandara Hut

(2,750mtrs)

Day 6: Continue through Rain Forest, then onto Alpine Moorland to

overnight at Horombo Hut (3,700mtrs)

Day 7: Rest Day at Horombo for Acclimatisation; Trek to Zebra

Rock; Descend to overnight again at Horombo

Day 8: Trek to Kibo Hut (4,700mtrs); Rest (a few hours only)

Commence final ascent at midnight to Gilman's Point

(5,681mtrs); (arrive 7.30am on Day 9)

Day 9: Trek along Crater Rim to Uhuru Peak (5,895mtrs); Flag

Ceremony and Photographs;

Return to overnight at Horombo Hut

Day 10: Descend to Marangu Gate; Transport to hotel; Certificate

Presentation and Dinner

Day 11: Bus to Hotel.

Day 12: Free Day.

Day 13: Transport to Airport for day flight; Arrive Dublin (evening)

**The financial target for each expedition member is €900.**

**Childaid will cover all costs involved in the expedition.**

**We appreciate the effort required to reach this target, but this sum is considerably less than the cost of comparable expeditions.**

**If you are interested, contact us – NOW!**

**Contact No: Phone : 021-4222985**

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