



CLIMB MT. KENYA IN 2009
IN AID OF THE STREET CHILDREN
OF AFRICA
1ST MARCH 2009 TO 10TH MARCH 2009

Dear

Childaid invites you to take part in our 2009 climb of **Mt Kenya**.....Kenya's Highest Mountain.....the Mountain that a country was named after!

Childaid is a **Humanitarian Organisation** made up of Irish Aid workers/volunteers, both serving and ex members of the Defence Forces, who have all at sometime worked or served overseas on various third world projects and continue to support these worthy causes in their spare time.

The Mt Kenya expedition is just one of a number of overseas fundraising trips we organise each year.

Funds collected on behalf of Childaid go *directly* to Street Children's Projects in the slums of Nairobi. Conditions in the slums are desperate, with over a quarter of a million people living in abject poverty. Thousands of these are children, some in families, some displaced or orphaned, who desperately need help with food, clothing, sanitation, shelter, education and training. The **Kilimanjaro climb** and the funds raised from it are central to their welfare; not least in the area of education.

Since 1999 Childaid has played a major role in a pioneering educational programme for Children living in the slum areas of Nairobi. In conjunction with missionaries Fr Pat O'Toole of the Holy Ghost Fathers and Sister Mary Kileen (**Mother Theresa of Africa**) of The Mercy Sisters, Childaid has developed key projects to assist children survive, and thrive, in the most difficult of environments.

Currently Childaid are fundraising toward two very exciting projects, with which **YOU** can help.

Childaid is supported by PDFORRA the Defence Forces Representative Association.

Tel: 021 4222985 or Graham 0876886101
Email: [childaid @oceanfree.net](mailto:childaid@oceanfree.net) Web: www.childaid.ie

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The first is the completion **Kwa Njenga Primary School.**

This school is probably the most deprived in the slum and caters for the poorest of the poor.

As most families are unable to pay school fees of any level they are therefore dependant on organisations such as ours to provide facilities free of charge. Over the past ten years Childaid has played a key role in developing Kwa Njenga Primary School.



As the photo shows at the outset children were taught in battered makeshift structures or tin huts and often suffered serious health problems as a consequence of the open sewers that ran through the site. The makeshift structures were congested with many classrooms catering for over 50 students.

With our help the school, while still a long way short of the standards we here in Ireland enjoy, now provides a hygienic, warm environment in which children enjoy learning. Childaid has also provided funding for a kitchen in the school which provides the kids with two hot meals a day (a luxury to most of the malnourished slum children) as well as assisting in the provision of teachers and learning equipment.

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CHILDAID

Making a world fit for children



Due to these improvements demand for education in the slums has grown dramatically and while the school currently affords places to in excess of 1200 students, more space is urgently required. Funds from this year's trip will be allocated to expand Kwa Njenga and thus provide education for even more children.

The second is a new project which we are very excited about.

Death rates amongst expectant mothers and new born children are astronomically high on the African continent. This is due in large part to the lack of pre and post natal medical facilities available to local families.

Childaid proposes to build a maternity unit at the foot of Kilimanjaro to help alleviate the problems experienced by expectant mothers and newborns. Funding for this landmark facility will also be drawn from the funds raised through forthcoming climbs.

The financial target for each expedition member travelling to Mount Kenya is **€4200.00**. **From this Childaid covers all costs involved in the expedition (flights, accommodation etc.)**

This may seem a considerable sum, but our experience shows that with a little determination and planning, as well as the support we provide throughout your experience, it is relatively easy to achieve.

AND REMEMBER ALL MONEY GOES DIRECTLY TO THE CHILDREN.

It is also the best price on offer for this type of trip.

If you are interested in enjoying the experience of a lifetime and at the same time making a major difference to the lives of children in desperate need we will be delighted to welcome you on board.

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These fundraising trips are fundamental in keeping our projects going, thus enabling the poorest of poor children to make a better life for themselves.

Attached to this letter is a brief itinerary of the trip including a visit to some of our projects that we are involved in ...in and around Nairobi.

If you are still interested in taking up the challenge and joining us on our climb of Mt Kenya, then please fill up the attached registration form with a payment of **€300...(this will be deducted from the total figure of €4200)** and we will send you a fundraising package and a **Childaid T Shirt.**

If you have any questions or would just like to chat about the trip, please do not hesitate to contact us on the numbers or email address below

We look forward to hearing from you

Best wishes

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Itinerary on next page

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Mt Kenya
Itinerary
1st March 2009 to 9th March 2009

- DAY 1** **Depart Dublin am...arrive Nairobi pm**
- DAY 2** **Visit projects in Nairobi**
- DAY 3** **3 hour Drive to Nanyuki am.....Trek to Moses Camp in Afternoon**
- DAY 4** **Trek from Moses Camp to Shiptons Camp**
- Day 5** **Midnight trek from Shiptons to summit Lenane Point to catch Most amazing sunrise.....trek summit ring back to Shiptons Camp**
- DAY 6** **Trek from Shiptons to Moses Camp**
- DAY 7** **Trek from Moses Camp to Park Gate....drive to hotel for a well earned Rest**
- DAY 8** **3 hour Drive back to Nairobi.....free afternoon... celebration dinner Nairobi**

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DAY 9 **Depart Nairobi return to Ireland**

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